

Term 2 - 27/04 to 04/07

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
Start Time							Start Time
9am		Rise Mentorship		Rise Mentorship		Straps 1h	9am
						Double Trapeze 1.5h	
						Flexibility 1h	
9.30am						Silks 1.5h	9.30am
10am						Handstand 1h	10am
10:30am						Straps 1h	10:30am
11am			Silks 1.5h		Silks 1.5h		11am
4pm	Kids Silks Class 1h		Kids Aerial Class 1h				4pm
5pm		Kids Silks Class 1h					5pm
6pm	Silks 1.5h	Silks 1.5h	Silks 1.5h	Silks 1.5h	Silks 1.5h		6pm
	Hoop 1.5h	Handstand 1h	Hoop 1.5h	Silks 1.5h			
	Hammock 1.5h						
6.30pm	Double Trapeze 1.5h	Acro Balance 1h	Straps 1h	Hoop 1.5h			6.30pm
		Straps 1h	Conditioning 1.5h	Flexibility 1h			
7.45pm	Silks 1.5h	Silks 1.5h	Silks 1.5h	Silks Int/Advanced 1.5h			7.45pm
	Hoop 1.5h	Rope (Corde Lisse) 1.5h	Hoop 1.5h	Static Trapeze 1.5h			
	Rope (Corde Lisse) 1.5h		Static Trapeze 1.5h	Hoop 1.5h			
	Silks 1.5h						